

4.30am

4.30am

My silent friend

I have known you most of my life

and you have known me better than

anyone I ever knew

but my secrets were always safe with you

whenever you came

4.30am

4.30am

my lifelong friend

If I never got to sleep with you

for all the times I wanted to

but never dared,

it is because somewhere deep down I knew

that I would never see you again

4.30am

4.30am

what changed?

did you mess with my feelings

because you had none of your own?

for when I looked for you

in a minute you were gone

and I realised you were not the 4.30 I thought I knew

but 4.31.